

SCHOOL OF SOCIAL WORK

BSW Field Practicum Weekly Critical Reflection

Name: Week of:

This serves as a template for the weekly critical reflection requirement described in section 2.10.2 of the BSW Field Manual. Students may use this template or develop a plan for weekly critical reflection and writing in consultation with their field instructor (and agency mentor). Please use actual examples to illustrate your responses. Submit your weekly critical reflection electronically to your field instructor at least 24 hours in advance of your weekly field instruction session or as agreed with your field instructor.

During the past week:

1. I learned about myself:

Considerations – Focus on critical self-awareness vs skill development - explicit bias, signs of implicit bias, emotional regulation, surprising thoughts or feelings connected to the work, a strength or a concern about your practice.

- **2. I used theory or models in my practice** (discuss at least 2 theories): Considerations: Theory helps you to understand or explain situations while models are approaches to practice and influence change.
- **3. I used social work/interprofessional interventions (discuss at least 2)**: Considerations: Interventions are meant assist service users and influence change. These might include assessment or supportive counseling, case management or advocacy. You use specific skills to achieve interventions
- **4. I used social work/interprofessional skills** (discuss at least 2): Considerations: Skills are what you do to be helpful and might include specific interviewing skills. Note the specific skill and how you used it.

5. I integrated the code of ethics into my practice:

Considerations: Delve into the 2024 Code values and guiding principles to see how it is relevant in your agency. How do your personal values fit with those in the code?



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6. Identify the politics and structural factors influencing service users, the field setting and my practice.

Considerations: How does the work of your agency connect to social justice concept? How do political decisions impact service users? What critical theories come to mind?

7. I learned about my role and the roles of others in the field setting/community:

Considerations: How is the student role different from other roles in the agency? How is it helpful to the work? What are the challenges in the role? How is power relevant in the roles within the agency. What is the role of the service user? How do they use power?

8. I demonstrated knowledge and skill in collegial/collaborative practice when I:

Considerations: What opportunities have you had to connect with other staff and how have you been intentional with those opportunities?

9. Points for discussion at the upcoming field instruction session

Considerations: (progress you have made, strengths you exhibited, challenges you encountered, and questions/issues to discuss):